1. ,Can you describe a study habit that works well for you? One that does not?

* Ex. When I was studying for my MCATs for my fourth and final time I came upon a limitation that I could not get passed. I noticed that when I applied the traditional way of studying… Reading, taking notes and applying concepts to practice questions I would understand and learn everything, but as time went by and I moved on to a different subject I started losing some of the concepts… I would then take more time relearning etc. and a cycle will form. I started researching different more efficient ways to not only learn faster, but to retain information longer and more efficiently.

1. Please tell us about yourself.

* Born to first generation immigrant Korean Americans, first in my family to be born in the United States.
* Moved around a lot when I was young Chicago, Arizona, and California
* When I was in 2nd grade My parents wanted to move back to the East Coast.

1. **Why do you want to pursue a career as a physician?**

* **I want to be a physician because I feel affect and help people. As an actor I wanted to help people escape their lives and enjoy a performance I was in or enjoy the time they spent seeing me in a project (Bring up Patch Adams)**
* **As a physician I feel that I can more directly help people, by not only healing their aliments, but having them smile and enjoy their time with me.**

1. **What do you think are the responsibilities of a doctor to a patient?**

* **There are many responsibilities a doctor has to the patient which includes benevolence, non-maleficent, justice and etc. But studying those terms for the MCAT and understanding them really boil downs to Trust.**
* **Example of my Rugby coach who I felt would run through a wall for us and for that reason we as a team wanted to play as hard as we can for him and give everything, we have for him.**

1. **Could you name one disadvantage and advantage of the U.S. health care system?**

**Do this on ASAP**

1. How would you define self-care? How will you ensure your own self-care while enrolled in medical school?

* I would define self-care as an aspect of one’s ability to maintain their true self. Life is a marathon. Without self-care individuals change becoming more irritable, angry, and not themselves… This can further lead to depression, underperformance burnout…
* Ex. I loved when people say I can’t do something because that lights a fire in me… I would write on my white board stuff negative stuff that people have said about me to motivate me, but I realized as I got older feeding off only negative energy changed me. I witnessed myself going become and distraught and angry individual. I needed some good energy and feeding off only the negative energy is only good in small doses, but never to indulge and live in that place for too long.

1. **What experiences have you had working with diverse populations?**

* **As a Korean American Ironically, I… Complete this one ASAP**

1. **Do you have any concerns about becoming an osteopathic physician?**

**No, I do not have any concerns on become a osteopathic physician.**

1. **What courses best prepared you for the rigors of medical school? Which do you wish you had taken?**

* **The best courses I have taken that best prepared me for medical school are those that I have taken during my time at PCOM’s biomedical program. The rigors of the program has really shown me the weakness of my studying habits, Doing what I did in undergrad was just not enough to be successful in medical school, and realizing that I taken the liberty to not only overhaul my studying habits changing everything about it, but also learning the importance of studying which I believe is now a skill that one must uniquely learn what fits for them and then master it.**

1. **What would you do if you discovered that your attending physician prescribed the wrong medication for a patient?**

* **Confirm that it was wrong and then try to sent a time where I can have a meeting with the attending physician alone. I don’t want to undermine the attending physician and in the most respect way form my discovery as the nicest way possible and even possibility form it as a question.**

1. Assuming you have a long successful career in medicine, how do you want to be remembered by your patients?

* Passionate (Feed off the good energy that I put out), Transparent, and Trustworthy

1. What are some of the things you will have to give up during medical school? How do you feel about this?
2. What aspect of your clinical experience has proven that you are making the right decision to pursue a career in medicine?
3. What criteria are important to you in selecting an osteopathic medical school?

* PCOM Website... The learning environment, and the openness of students.
* Research opportunities, Easy access to the urban city
* Close to home.

1. Tell us about a situation when you were overwhelmed with responsibility and how you dealt with it. What did you learn about yourself and how will that knowledge support you in your medical education? Studying for MCATS (2nd time, my dog dying two months into studying and my father having prostate cancer)
2. You inadvertently order the wrong medication for a patient being treated in the hospital. Although the situation is not life threatening, how would you respond to the situation?
3. Describe an accomplishment that you are most proud of. Describe a misstep/defeat that you are least proud of?
4. If you were the team leader and there was a conflict between team members, how would you attempt to resolve the conflict?
5. How do you measure personal success? Do you consider yourself successful?

Don’t back track… Yes, correlated example of why you said yes… biomedical felt success conquering personal and academical pressures. Personal success= Happiness and satisfaction

1. What steps have you taken to acquaint yourself with what an osteopathic physician is and does?
2. What are the top two skills that you possess that you believe will contribute to your success in medical school? What two skills do you need to further develop?
3. **What would you do if you got into every medical school to which you applied? What would you do if you did not receive any acceptances?**
4. Give an example of a time that you had to work closely with others. How do you think the other group members would describe you?

* Peers in biomed… Brandon, Jerry and especially David we bumped heads got into heated arguments, but even though this occurred I understood it all came from trying to succeed and I’m willing to have those awkward uncomfortable situations happen because if you get through them with communication, it not only builds stronger relationships but also strengthens our drive to work together to get the job done

1. How do you define stress? Describe a stressful situation in your life and how you handled it.

* I define stress as a positive or negative stimulus that the body needs to manage life and to use to have internal growth and realizations. Pressure can either produce diamonds or Cole

1. Have you had any experience with sick, elderly, and/or dying people? How did you feel you handled it?

* I didn’t want him to suffer anymore… As I saw the suffering it became more apparent that death wasn’t the worst thing and that when its their time… I want to make the lasting moments fun, enjoyable and simple.

1. As an osteopathic physician, what would you do to educate others about the profession?
2. How do you think your academic ability is best measured?

* Progression, and improvement

1. Is there any decision you made in which you wish the outcome would have been different?
2. Based on your clinical experiences, what do you think is the biggest problem facing American medicine?
3. Give us an example of a time that you participated in a group effort and how you influenced the group.
4. What are you looking forward to in the next five years? What are you hesitant about?
5. As an osteopathic physician, what do you value most: intelligence, compassion, or integrity? Why?
6. If you had the opportunity to approach your academic preparation for medical school differently, what would you do? What skills do you wish you further developed that would serve you well in medical school?
7. **Describe a situation that required several things to be done at the same time. How did you handle it? What was the result?**
8. If someone 15 years from now were to write a book about you, what would you want to have included in that book?
9. **How would you address a patient who has previously been non-compliant with your recommendations?**

* **I would initially ask them why they were non-compliant as an Osteopathic physician I understand that you have to observe the patient as a whole and in doing so you need to be an investigator first and find out the causes of these elements before suggesting anything. (financial reasons, life, culture)**
* **Ex. As a medical scribe in a outpatient care facility I witnessed many patients who were non-compliant with their medication because the did not have the means or access to those medication due to culture, location, and financial reasons.**

1. Name one current hot topic/issue in medicine? What are your personal thoughts/opinions on it?
2. Why are you interested in attending PCOM?
3. **Looking back at your college career and understanding your current ambitions, what advice would you give your 18 year old self?**
4. Name one thing that is working and one thing that is not in the American health care system.
5. What would;lnd you do if you caught your classmate cheating on an exam?
6. **What qualities/characteristics do you value in a “good” doctor? What characteristics are not of value?**
7. Tell us about a clinical experience you encountered and what did you learn about yourself through that experience?
8. How do you learn best? What learning strategies do you find successful, and which do you need to further develop?
9. **Which accomplishment on your resume do you consider your biggest success**?
10. Who do you think is responsible for the management of a patient’s health and why?
11. **Talk about an experience wherein you worked with diverse people and what you learned about yourself. “Diverse” can include gender, age, ethnicity, socioeconomic status, etc.**

As, an Asian American, Ironically, I did not grow up in an community of my own race, in high school my graduating class was close to a 1000 students, and within that class there were only 10-12 students that were Asian American. So working and living with a very diverse range of people showed me that we all are different and that makes everyone unique in their own way and lives, but also as you peel away the difference I also saw that we all have the same in the way we want to live our lives.

1. **Give an example of a patient that you encountered that introduced you to the complexities of American Medicine.**

**My father…. Prevention point addiction opioid received multiple care so his main point mulptle hospital helped care and didn’t know in another hospital… as well pain management.**

1. What do you think this institution can do for you and what do you feel you can bring to PCOM?

Going through the biomedical program at PCOM I experienced many things and opportunities that PCOM can offer me. Location in the city provides me easy access to research opportunities, but also more importantly I have built relationships here with Professors and students that I believe can be life-long. Lastly, PCOM offers a great learning environment that encourages students ask questions and strive for success. I feel I can bring a PCOM, a radiating passion for medicine and life that others can feed off of. I love engaging with others can creating a student community to enhance PCOM already great learning environment and as an older applicant provide wisdom and leadership through life experiences.

1. **What aspects of your life have prepared you to be in the medical field?**

**Can use Patch Adams movie example here as well.**

**Scribing, PCOM biomedical program and volunteering at PCOM anatomy lab has proven to not only peak my interest in medicine and preventive care, but also they have allowed me to witness how medicine, and quality of health care can really make a difference in people’s lives.**

1. **Why do you think people don’t want to practice medicine in an inner city setting?**

**Example use a born broken to the whole body…**

Don’t compare MD

Ex. Jenga blocks… how it disfigures the entire structure.

1. Why do you want to be an osteopathic physician?

I want to be an Osteopathic physician because I love the DO philosophy of treating not the disease of the patient but treating the patient themselves holistically. I understand the whole body is linked together and so if one part of the body is affected it can show in other parts of the body because of the body’s natural tendency to compensate. Also, I want to make a difference in people’s lives. I want to build a legacy for helping patients, and I don’t’ think of this as just a career. I want to provide high quality health care to communities that I live within.

1. **Have you had experience shadowing a DO in OMM?**

**No, I was unable to experience shadowing a DO in OMM, but I have witness my peers who are currently in PCOM apply OMM on others, as well as those same peers use me as a practice so have experienced a OMT on myself.**

1. **What is your understanding of OMM? Can you explain OMM (or OMT)?**

**OMM is a comprehensive approach to health care in which DO physicians physically manipulate the musculoskeletal system to increase healing and Range of motion this those areas that are affected…**

**OMM= DO physicians are able to use their hands in a noninvasive way to diagnose injury and illnesses and encourage the body’s natural tendency toward good health.**

1. **How would you explain OMM to a child? (At times, they can specify an age. Be prepared to explain OMM to various age groups: young child to teen.)**
2. **You have two patients who require an organ transplant: One patient is 25 years old and the other is 65 years old. Who receives the organ? Why?**

I would choose the 25 year old for the transplant because as a 65 year old patient there are higher risks of complications. In addition…

1. How would you educate patients (parents) who have shared with you their reluctance to vaccinate their children? If they were patients in your practice, would you allow them to continue being patients of your practice?

Initially, I would like to find the core reasons why parents or patients are hesitated to vaccinate their children or themselves. After engaging and conversing with them I would try and find documents and research that explains the benefits of vaccinations and how this preventive care can help children not fear the risk of severe reactions to a disease. In addition, I would also share my professional opinion on the matter encouraging them to get vaccinated. Yes, I would but again I would heavily try to convince them otherwise, not just for themselves, but to think of others.

1. Is there anything in your application we have not discussed that you would like to bring up? Is there anything you wish to add? Is there anything we missed? (Examples of the question that is asked at the end of the interview)

There are some questions on my application about my academic statistics like gpa and MCAT, but I want to state that throughout my academic career I really did not take academics seriously until much later in my undergraduate career and on, causing my grades to be not ideal, but as time goes on there is a improvement in my grades and as Increasingly became more focused on medicine my academics became proved.

1. How has COVID-19 affected you personally and/or academically?

Personally, Covid-19 has affected because last year I got Covid-19 going through that experience I understood that Covid can become a serious concern for not just you yourself but everyone around you. Quarantining in my room for 2 and half weeks really takes a toll on your mental health as well as the feeling of being jailed. Also due to the potential that I can spread this contagious virus to others and can potentially cause more severe reactions cause my concern and anxiety to increase during this time.

Highlight your lows… and make them look like you redeemed from there.

Ensure you were more

Examples Examples Examples!!!

Level with the patient and try to understand where they are coming from and why they are not non-compliant (able to get the medication and are you able to finance the medication). Get to the bottom of why they are not compliant.

You can also refer them to someone else… if they continue to non-compliance.

Patient A was prescribe this… but they presented as question to try to understand seem less aggressive in my interaction with the attending. Person’s life is more important than the attending physicians ego.

18, Go in on myself… Example Examples Examples.

Relatable